



My Ramadan

Undated planner, Day 1 to Day 30



Ramadan Mubarak



This planner belongs to: _____

Year: _____

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My intentions for this month

Write in your own words what you hope for this month. Nothing is imposed.

What I hope for this month

What I want to do more often

What I want to do less often

One word to sum up my month

Notes

Free sample

Notes section with a dotted grid pattern.

My 30 days

One page per day. Fill in what is useful to you and leave the rest blank.

1  	2  	3  	4  	5 
6  	7  	8  	9  	10 
11  	12  	13  	14  	15 
16  	17  	18  	19  	20 
21  	22  	23  	24  	25 
26  	27  	28  	29  	30 



Fast

☐ Today's fast

Suhoor time:

Iftar time:

Prayers

☐ Fajr ☐ Dhuhr ☐ Asr ☐ Maghrib ☐ Isha

Other prayer (optional):

Quran reading

Juz:

From page to page

My good deed today

Today I am grateful for

Question of the day

What would help me start this month well?

Notes

Suhoor

Iftar

Water (optional)

A horizontal number line with circles at each integer from 0 to 10. The circle at 6 is shaded blue.

My prayers this month

The whole month at a glance. Tick each box at your own pace; no times are given.

One row per day, one box per prayer. The last column is left free.

Day	Fajr	Dhuhr	Asr	Maghrib	Isha	Other (optional)
1	☐	☐	☐	☐	☐	
2	☐	☐	☐	☐	☐	
3	☐	☐	☐	☐	☐	
4	☐	☐	☐	☐	☐	
5	☐	☐	☐	☐	☐	
6	☐	☐	☐	☐	☐	
7	☐	☐	☐	☐	☐	
8	☐	☐	☐	☐	☐	
9	☐	☐	☐	☐	☐	
10	☐	☐	☐	☐	☐	
11	☐	☐	☐	☐	☐	
12	☐	☐	☐	☐	☐	
13	☐	☐	☐	☐	☐	
14	☐	☐	☐	☐	☐	
15	☐	☐	☐	☐	☐	
16	☐	☐	☐	☐	☐	
17	☐	☐	☐	☐	☐	
18	☐	☐	☐	☐	☐	
19	☐	☐	☐	☐	☐	
20	☐	☐	☐	☐	☐	
21	☐	☐	☐	☐	☐	
22	☐	☐	☐	☐	☐	
23	☐	☐	☐	☐	☐	
24	☐	☐	☐	☐	☐	
25	☐	☐	☐	☐	☐	
26	☐	☐	☐	☐	☐	
27	☐	☐	☐	☐	☐	
28	☐	☐	☐	☐	☐	
29	☐	☐	☐	☐	☐	
30	☐	☐	☐	☐	☐	

Comments



My shopping list

Sort your shopping by aisle. Print this page as many times as you need.

Fruit and vegetables

☐	☐
☐	☐
☐	☐
☐	☐

Dry goods

☐	☐
☐	☐
☐	☐
☐	☐

Fridge

☐	☐
☐	☐
☐	☐

Drinks

☐
☐
☐
☐

Household and other

☐
☐
☐
☐

Notes

Night by night

Night	Date	Prayer	Reading	Giving	My note
21		☐	☐	☐	
22		☐	☐	☐	
23		☐	☐	☐	
24		☐	☐	☐	
25		☐	☐	☐	
26		☐	☐	☐	
27		☐	☐	☐	
28		☐	☐	☐	
29		☐	☐	☐	
30		☐	☐	☐	

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My Ramadan — Undated 30-Day Planner

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